



The Catholic Parish of Newquay, Perranporth and St. Agnes

Served by: Fr Martin Stone

☎ 07783 452663 • martin.stone@prcdtr.org.uk

Fr Brian Stevens (Retired) • Deacon Brian Everall (Retired)

Parish Office: ☎ 01637 851697 • newquay@prcdtr.org.uk

Parish Secretary: Jodie Roberts

Most Holy Trinity, Lower Tower Road, Newquay, Cornwall, TR7 1LS

Website: www.newquayperranporthandstagnes.org.uk

Safeguarding Representatives:

Jodie Roberts ☎ 01637 851697 and

Maggie Hill (OLSOS) ☎ 01872 553802

Sunday 2nd April 2023

Palm Sunday of the Passion of the Lord

Sunday Year A

Weekday Cycle I

Holy Week & Easter Mass Times & Intentions

Saturday 1st April

Palm Sunday of the Passion of the Lord (Vigil)

Most Holy Trinity 6.00 pm Mary Clarke RIP

Sunday 2nd April

Palm Sunday of the Passion of the Lord

Most Holy Trinity 8.30 am People of the Parish

Most Holy Trinity 10.30 am Peter Hocking RIP

Christ the King 4.00 pm Heather Anderton (Intention)

Our Lady Star of the Sea 6.00 pm Sheila Boeck (Intention)

Tuesday 4th April

Tuesday of Holy Week

Most Holy Trinity 9.30 am Holy Souls

Wednesday 5th April

Wednesday of Holy Week

Most Holy Trinity 9.30 am Allan Cunningham RIP

Thursday 6th April

Maundy Thursday

Most Holy Trinity 7.00 pm Evening Mass of the Lord's Supper

Friday 7th April

Good Friday

Most Holy Trinity 3.00 pm Celebration of the Lord's Passion

Saturday 8th April

Holy Saturday - Easter (Vigil)

Most Holy Trinity 8.30 pm Mass for the People of the Parish

Sunday 9th April

Easter Sunday

Most Holy Trinity 8.30 am Special Intention

Most Holy Trinity 10.30 am People of the Parish

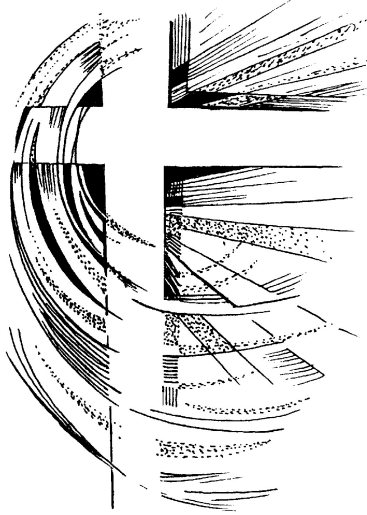
Christ the King 4.00 pm Special Intention

Our Lady Star of the Sea 6.00 pm Joan and Roy Gauge (Intention)

“Every tongue should acclaim Jesus Christ as Lord.”

The “fight or flight response”, also known as the acute stress response, is a physiological reaction that occurs in the presence of something that is terrifying, either mentally or physically. The response is triggered by the release of hormones that prepare the body either to stay and deal with the threat or to run away to safety. The term “fight or flight” represents the choices that our ancient ancestors had to make when faced with danger in their environment. First described in the 1920s by American physiologist Walter Cannon, a chain of reactions inside the body helps to mobilise the body’s resources to deal with threatening circumstances. We can all probably think of a time when we experienced this phenomenon: in the face of something frightening, the heartbeat quickens, breathing increases and the body becomes tense and ready to act. It is normally an automatic reaction, but it can be overcome with training or determination.

St Matthew’s account of Jesus’ passion draws heavily on the account given in St Mark’s earlier version, yet St Matthew recasts the narrative in order to highlight his own distinct themes: that the Jewish scriptures foreshadow the death in which Jesus fulfils his God-given destiny to bring about a new period of history filled with resurrection life. Jesus is also shown to be the obedient Son of God, utterly faithful and trusting even when confronted by appalling suffering,



proving that his trust in God, having passed the ultimate test of death, is not in vain. The message of complete confidence in God, heard in our first reading from Isaiah, is vividly lived out in the non-resistance of Jesus, who offers his back to be scourged, his face to be slapped and spat upon. His trust in God allows him to go to his death knowing that he shall not be shamed.

St Paul, writing to the Philippians, quotes what many scholars believe to be the oldest piece of Christian prose in the New Testament; namely that Jesus showed utter trust in God, emptying himself of his own will to allow the will of the Father to be accomplished. He accepted that this was his fate, not for himself but on behalf of us and out of pure love for us. Humility of the first order is displayed by Christ as, during his passion, he moves inexorably to the point of feeling utterly alone: “My God, my God, why have you deserted me?”

Jesus’ absolute obedience and complete trust lead to the point where he breathes his last, that final breath imitating the first breath of Genesis when God breathed over the chaos to bring about the new order of creation. St Matthew anticipates that new order of resurrection life by evoking Ezekiel’s great vision of the dry bones in an explosion of triumph as the veil of the Temple is torn in two, the earth shakes, rocks split and tombs are opened. A triumphal procession of the saints who had been trapped in death enters the new Jerusalem, and the whole pagan empire - symbolised by the Roman soldiers - is astonished and can acclaim Jesus as the true Son of God.

Reflection by Redemptorist Publications. Used with permission.

Prayers for the Sick

Thank you for your heartfelt prayers for all those who are sick. We pray especially for Deacon Brian Overall, Margaret Colaco, Molly Taylor, Dominic Keogh, Heather Anderton, John Cain, Kathy Cain, Ann Cain, Patrick Hinder, Brian Fury, Justine Hocking, William Walton, Sabina Mason, and Bishop Emeritus Christopher Budd at this time. (If you would like to add yourself or include a close family member in the prayers for the sick then please email the Parish Office.)

Sick and/or Housebound

If you have a family member sick at home, in hospital or in a nursing home and they would like a visit please contact the Parish Office. Visitations can only be made on request of family members. Thank you for your ongoing support.

Perranporth Food Bank

A box is available as you enter church in Perranporth to help support Perranporth Community Food Banks. Thank you for your support with any dried/tinned provisions.

Poor Boxes

Thank you for your prayerful support in enabling us to reach out to those people most in need. **Thank you for your kind donations this week of £24.64.**

Christ the King, Perranporth (Outdoor Table Top Sale)

There will be a table top sale on Monday 1st May in Christ the King’s church car park from 10am to 4pm. If any Parishioners from our parish would like to reserve a space to sell their goods, it will be £10 per space for a car and table. Please contact Aileen Barry on 01872 396492 mobile 07563617654 or Jodie at Newquay on 01637 851697.

Communion Under Both Kinds

From Holy Week we will be permitted to distribute Communion under both kinds. We are now, therefore, beginning to look to ensure we have Extraordinary Ministers of the Eucharist at each of our Masses to help facilitate distribution. We aim to begin redistribution of the Precious Blood of our Lord from the feast of Corpus Christi.

Silence in Church

We read in the General Instruction of the Roman Missal (GIRM) of the importance of silence in our celebrations. This allows us quiet moments, for prayer, meditation and thanksgiving during various parts of the Mass. **We have been asked by a number of parishioners, and especially as we journey through Lent, to seek to reclaim some silence before and after our Masses.**

Though not mentioned in the GIRM, there is a long practice of maintaining silence within the body of the church after Mass. Some churches erupt in noise once Mass is over. This can spoil the atmosphere of prayer that is conducive and appropriate to personal prayer after Mass. While we do not want to inhibit the communal joy and sharing that is a huge part of our celebrations we also want to respect those individuals that are seeking a few minutes of quiet prayer at those times. Thank you for your support.

Newquay Food Bank

We continue to collect for our local food bank each week at Most Holy Trinity, Newquay. They recently got in touch and informed us that they no longer need donations of pasta and baked beans as they have a very large supply of these products, but donations of tinned desserts such as rice pudding and tinned fruit are very much needed. Please place all food items in the box **under the First Aid Kit**. Thank you for your much needed support.

Holy Week Stations of the Cross

Please note that in Holy Week we will endeavour to celebrate Stations of the Cross in all three of our Churches. Newquay on Tuesday at 7.30pm, St. Agnes on Wednesday at 7.30pm and Perranporth on Friday at 7.30pm. These Stations will be based on the film the Passion of Christ. We hope to see as many people there as it is an ideal way to focus our thoughts and feelings at this special time in the church's year. Thank you

New Cleaner (Newquay)

We have now appointed Makiko as our a new cleaner in Newquay. Makiko will be joining us on Monday 3rd April. Thank you for your support and encouragement .

Easter Offering Envelopes

These are available as usual from the back of church. Thank you for your support, generosity and continued prayers not only at Easter but, indeed, throughout the year.

Palm/Passion Sunday

Liturgy of the Word

First Reading: Isaiah 50:4-7



Responsorial Psalm:

My God, my God, why have you forsaken me?

Second Reading: Philippians 2:6-11

Gospel Acclamation:

Praise to you, O Christ, king of eternal glory!

Christ was humbler yet,

even to accepting death, death on a cross.

But God raised him high

and gave him the name which is above all names.

Praise to you, O Christ, king of eternal glory!

Gospel: John 11:3-7,17,20-27,33-45

The Apostles' Creed

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, **...who was conceived by the Holy Spirit, born of the Virgin Mary, (All bow)**

suffered under Pontius Pilate, was crucified,

died and was buried; he descended into hell;

on the third day he rose again from the dead;

he ascended into heaven, and is seated at the right

hand of God the Father almighty; from there he will

come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church,

the communion of saints,

the forgiveness of sins, the resurrection of the body,

and life everlasting. Amen.

Communion Antiphon

Father, if this chalice cannot pass

without my drinking it, your will be done.

Second Collection

There will be a second collection next weekend 8th/9th April for Holy Places. Thank you for your support.

First Communion 2023

We have 4 children who are looking to make their First Communion later this year. Please pray for them as they begin their preparations. We will introduce them formally during Mass in the coming months.

Andrew Henwood - Funeral Director

74 Edgcombe Avenue, Newquay ☎ 01637 851199
athenwood@btconnect.com - henwoodfunerals.co.uk

Sacramental Programmes & Preparation

PARISH REGISTRATION – New Parishioners to our Parish, please consider completing a “Parish Records” form and returning it to the Office.

BAPTISM PREPARATION – See Fr. Martin

FIRST HOLY COMMUNION - We are looking to determine the number of children who would like to make their **First Communion in 2023**. If your child is in year 3 or above then please speak with Fr Martin at your earliest convenience.

CONFIRMATION – Year 9 upwards. If interested please speak with Fr Martin.

MARRIAGE PREPARATION – Please contact Fr Martin (or the priest in the parish where you are looking to get married) at least six months prior to your proposed wedding date. A contribution of £175 is requested for the Church for weddings with a Registrar Fee of £55.00 (flowers and organist are by personal arrangement).

RCIA PROGRAMME/JOURNEY IN FAITH – If you are interested in knowing more about the Catholic church then please contact Fr Martin.

Collections

*Please note all cheques to be made payable to: **PRCDTR Newquay, Perranporth and St Agnes RC Parish***

MHT Collection:

£279.76

February Standing Orders

£1048.33

CTK Collections:

£91.75

February Standing Orders:

£55.00

OLSOS Collections:

£53.50

February Standing Orders

£415.00

Thank you for your generosity which allows our extended parish to grow and flourish!

Sick Calls/Visits

If you require a priest in an emergency in the absence of Fr Martin, here are the following numbers for the various parishes in Cornwall (Plymouth Diocese).

Bodmin ☎ 01208 72833 - Fr Ciaran McGuinness • St Austell ☎ 01726 73838 - Fr Michael Brandon
Falmouth ☎ 01326 312763 - Fr Brian Kenwick (Dean of Cornwall)
Penzance ☎ 01736 362619 - Fr Philip Dyson • Newquay ☎ 01637 851697 - Fr Martin Stone
Truro ☎ 01872 272291 - Fr John Gilbert • ☎ 01637 861752 Lanherne Convent - Canon Scott Smith

Our Churches

Most Holy Trinity Catholic Church

Lower Tower Road,
Newquay, Cornwall, TR7 1LS

Lanherne Convent

Chaplain's House, St. Mawgan,
Newquay, Cornwall, TR8 4ER

Christ the King

Wheal Leisure Road,
Perranporth, Cornwall, TR6 0EZ

Our Lady Star of the Sea

Trevaunance Road,
St. Agnes, Cornwall, TR5 0SE

Our Parish is part of the Diocese of Plymouth: Registered Charity No. 213227