

PARISH INFORMATION

Parish Office: Opening Hours: Mon-Thur 8am-1pm/Friday 8am-2pm/Sunday 8am-1pm.
 Most Holy Trinity Church, Lower Tower Road, Newquay, TR7 1LS.
 Email: Newquay@prcdtr.org.uk
 Tel: 01637 851697 or Mobile: 07956194276

Website: www.newquayperranporthandstagnes.org.uk

Newsletter: Available on our website. Deadline for items 11.00 am Thursday.

Clergy: Served by Fr. Mark Skelton and Fr. Brian Stevens (retired) .

Safeguarding: Parish Reps: Jodie Roberts: 01637 851697
 Aileen Barry: 01872 396 492 and Zoe Milward 07368 201881
 Diocesan Safeguarding Office: 01364 645430

Donations to support others: We continue to collect for our local Food Banks in Newquay and Perranporth. Food items can be left at the back of each church.

Refreshments: Served after Sunday 10.30am Mass at Most Holy Trinity, Newquay.

Collections

Please note all cheques to be made payable to:
 PRCDTR Newquay, Perranporth and St Agnes RC Parish

Most Holy Trinity
 £384.38

Christ the King
 £106.80

**Our Lady Star
 of the Sea**
 £173.85

Thank you for your generosity and ongoing support!

Our Churches

Most Holy Trinity (MHT)
 Lower Tower Road,
 Newquay, Cornwall, TR7 1LS

Lanherne Convent
 Chaplain's House, St. Mawgan,
 Newquay, Cornwall, TR8 4ER

Christ the King (CTK)
 Wheal Leisure Road,
 Perranporth, Cornwall, TR6 0EZ

Our Lady Star of the Sea (OLSOS)
 Trevaunance Road,
 St. Agnes, Cornwall, TR5 0SE



The Catholic Parish of Newquay, Perranporth and St. Agnes

*Most Holy Trinity, Newquay
 Christ the King, Perranporth
 Our Lady Star of the Sea, St. Agnes*

*Our Parish is part of the Diocese of Plymouth:
 Registered Charity No. 213227*

Sunday 23rd March 2025
 Third Sunday of Lent

Sunday Year C
 Weekday Cycle I

Mass Times and Intentions

Saturday 22nd March	6.00pm	Special Intention	(Newquay)
Sunday 23rd March	8.30am 10.30am 4.00 pm 6.00 pm	Gill Ivey RIP Private Intention People of the Parish	(Newquay) (Newquay) (Perranporth) (St. Agnes)
Monday 24th March	10.00am	Harnett Family Intentions	(Newquay)
Tuesday 25th March	7.00pm	John Cowie (Intention)	(Newquay)
Wednesday 26th March	10.00am 10.00am 12.30pm 6.00pm	University Mass Stations of the Cross	(Newquay) (St. Agnes) (Falmouth) (Perranporth)
Thursday 27th March	10.00am		(Perranporth)
Friday 28th March	10.00am 10.45am	Allan I Cunningham RIP Adoration and Benediction	(Newquay) (Newquay)
Saturday 29th March	6.00 pm	Holy Souls	(Newquay)
Sunday 30th March	8.30 am 10.30am 4.00 pm 6.00 pm	Joan and Roy Guage (Intention) People of the Parish	(Newquay) (Newquay) (Perranporth) (St. Agnes)

Third Sunday of Lent Antiphons and Readings

Entrance Antiphon: My eyes are always on the Lord, for he rescues my feet from the snare. Turn to me and have mercy on me, for I am alone and poor.

First reading: Exodus 3:1-8a, 13-15 In those days: Moses was keeping the flock of his father-in-law, Jethro, the priest of Midian, and he led his flock to the west side of the wilderness and came to Horeb, the mountain of God. And the angel of the LORD appeared to him in a flame of fire out of the midst of a bush. He looked, and behold, the bush was burning, yet it was not consumed. And Moses said, 'I will turn aside to see this great sight, why the bush is not burned.' When the LORD saw that he turned aside to see, God called to him out of the bush, 'Moses, Moses!' And he said, 'Here I am.' Then he said, 'Do not come near; take your sandals off your feet, for the place on which you are standing is holy ground.' And he said, 'I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob.' And Moses hid his face, for he was afraid to look at God. Then the LORD said, 'I have surely seen the affliction of my people who are in Egypt and have heard their cry because of their taskmasters. I know their sufferings, and I have come down to deliver them out of the hand of the Egyptians and to bring them up out of that land to a good and broad land, a land flowing with milk and honey.' Then Moses said to God, 'If I come to the people of Israel and say to them, "The God of your fathers has sent me to you", and they ask me, "What is his name?" what shall I say to them?' God said to Moses, 'I AM WHO I AM.' And he said, 'Say this to the people of Israel: "The LORD, the God of your fathers, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you." This is my name for ever, and thus I am to be remembered throughout all generations.'

Responsorial Psalm: Ps 103(102):1-2. 3-4. 6-7. 8, 11. 28a

Response: The LORD is compassionate and gracious.

Second reading: 1 Corinthians 10:1-6, 10-12 I do not want you to be unaware, brothers and sisters, that our fathers were all under the cloud, and all passed through the sea, and all were baptised into Moses in the cloud and in the sea, and all ate the same spiritual food, and all drank the same spiritual drink. For they drank from the spiritual Rock that followed them, and the Rock was Christ. Nevertheless, with most of them God was not pleased, for they were overthrown in the wilderness. Now these things took place as examples for us, that we might not desire evil as they did, nor grumble, as some of them did and were destroyed by the Destroyer. Now these things happened to them as an example, but they were written down for our instruction, on whom the end of the ages has come. Therefore let anyone who thinks that he stands take heed lest he fall.

Gospel Acclamation: Praise to you Lord Jesus Christ, King of endless glory. Repent, says the Lord, for the kingdom of heaven is at hand. Praise to you Lord Jesus Christ, King of endless glory.

Gospel: There were some present at that very time who told Jesus about the Galileans whose blood Pilate had mingled with their sacrifices. And he answered them, 'Do you think that these Galileans were worse sinners than all the other Galileans because they suffered in this way? No, I tell you; but unless you repent, you will all likewise perish. Or those eighteen on whom the tower in Siloam fell and killed them: do you think that they were worse offenders than all the others who lived in Jerusalem? No, I tell you; but unless you repent, you will all likewise perish.' And he told this parable: 'A man had a fig tree planted in his vineyard, and he came seeking fruit on it and found none. And he said to the vine dresser, "Look, for three years now I have come seeking fruit on this fig tree, and I find none. Cut it down. Why should it use up the ground?" And he answered him, "Sir, let it alone this year also, until I dig round it and put on manure. Then if it should bear fruit next year, well and good; but if not, you can cut it down."'

Communion Antiphon: The sparrow finds a home, and the swallow a nest for her young: by your altars, O Lord of hosts, my King and my God. Blessed are they who dwell in your house, for ever singing your praise.

Prayers for the Sick

Thank you for your prayers for those who are sick and/or housebound. We pray for Josie Riley, Nancy Lyall, Joyce Allen, Evelyn Morris, Kathleen Birch, Heather Anderton, John Cain, Harry Cain, Mary Cain, Lily Callaghan, Graham Sumner, Patrick Hinder, Pat Hinder, Michael Collins, John O'Shea, Christopher Moffat, Teresa Osborne, Sid Osborne, Rose Fitt, Alex Fitt, Joy Slater and Gwyneth Wilkins at this time.

If you would like to add yourself or a close family member then please email the Parish Office.

Poor Boxes

Thank you for your donations of £157.40 The funds raised enables us to reach out to those in need throughout the year.

CAFOD

Thank you for your generous donations to CAFOD's Lent Appeal and to everyone who supported our soup lunch on Friday 14th March at Most Holy Trinity. Our Parish raised a grand total of £1321.01 Thank you so much. Please continue to keep the work of CAFOD in your prayers

Newquay Food Bank

We continue to collect for our local food bank in Newquay. Please place all food items in the box **under the First Aid Kit**. Thank you for your ongoing support

Readers for Easter Triduum

We are looking to organise readers for this year's Easter Triduum. If you would like to read, then please give your name into the Parish Office so we can arrange our rotas. Also, if anyone would like to have their feet washed on Holy Thursday, please let Jodie know in the Parish Office.

Stations of the Cross

Stations of the Cross will be held on the following Wednesdays during Lent - please see below:

26th March at 6.pm - Christ the King
2nd April at 6.pm - Most Holy Trinity
9th April at 6.pm - Our Lady Star of the Sea

Lent Zoom Course 2025

As we prepare to enter into the wonderful season of Lent, parishioners are invited to join us via the zoom link below for the 2025 Lent Series. The talks listed below will begin at 7.pm, (the zoom call can be accessed from 6.45pm) . We encourage our parishioners to come along and share the journey. Each talk is given by five separate individuals and they are not linked, other than seeking to reflect on some of the Holy Father's signs of hope in this Jubilee Year.

13th March - Commitment to others.
20th March - Debt cancellation.
24th March - Recognizing Hope.
3rd April - Peace
10th April - Jesus's last Pilgrimage.

Zoom link:

<https://us02web.zoom.us/j/84052447850pwd=MmPzcp911dTsGJWDxR0vH5H9zYS4e6.1>

Meeting ID: 840 5244 7850

Passcode: 043004

Fast from hurting words and say kind words.
Fast from sadness and be filled with gratitude.
Fast from anger and be filled with patience.
Fast from pessimism and be filled with hope.
Fast from worries and have trust in God.
Fast from complaints; contemplate simplicity.
Fast from pressure and be prayerful.
Fast from bitterness; fill yours hearts with joy.
Fast from selfishness and be compassionate.
Fast from grudges and be reconciled.
Fast from words be silent and listen.