



The Catholic Parish of Newquay, Perranporth and St. Agnes

Served by: Fr Martin Stone

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Safeguarding Representatives:

Jodie Roberts ☎ 01637 851697 & Maggie Hill (OLSOS) ☎ 01872 553802

Sunday 20th February 2022
Seventh Sunday in Ordinary Time

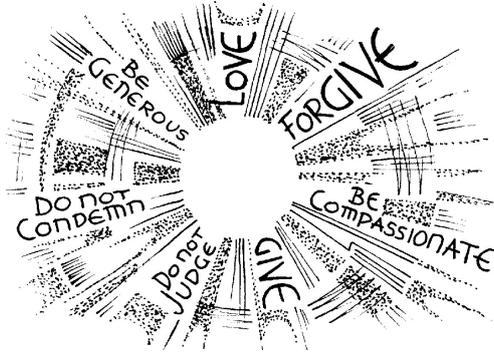
Sunday Year C
Weekday Cycle II

Mass Times & Intentions

Saturday 19th February		Seventh Sunday in Ordinary Time (Vigil)
Most Holy Trinity	6.00 pm	Les Riley RIP
Sunday 20th February		Seventh Sunday in Ordinary Time
Most Holy Trinity	8.30 am	Holy Souls
Most Holy Trinity	10.30 am	Agnes Robinson RIP
Christ the King	4.00 pm	People of the Parish
Our Lady Star of the Sea	6.00 pm	Dolores and Roger Snell RIP
Monday 21st February		Feria
University	12.00 pm	Private Intention
Tuesday 22nd February		The Chair of St. Peter - Apostle
Most Holy Trinity	9.30 am	Connie Forrester RIP
Wednesday 23rd February		St. Polycarp
Most Holy Trinity	9.30 am	Felix Colaco RIP
Our Lady Star of the Sea	9.30 am	Private Intention
Thursday 24th February		Feria
Christ the King	9.30 am	Miriam Keily RIP
Friday 25th February		St. Walburga
Most Holy Trinity		NO MASS
Saturday 26th February		Eighth Sunday in Ordinary Time (Vigil)
Most Holy Trinity	6.00 pm	James and Elizabeth Elsby RIP
Sunday 27th February		Eighth Sunday in Ordinary Time
Most Holy Trinity	8.30 am	People of the Parish
Most Holy Trinity	10.30 am	John, James and Tony Elsby RIP
Christ the King	4.00 pm	McMahon Family Intention
Our Lady Star of the Sea	6.00 pm	Private Intention

***“Love your enemies,
do good to those who hate you.”***

Ice cream, chocolates, doughnuts... many of us crave sweetness. Sugary food may not be a healthy option, but it triggers the release of feel-good chemicals in the brain that give a momentary rush of pleasure. So does the thought of getting even with those who hurt us. Neuroscientists have discovered that revenge really is “sweet”, for that part of our brain responsible for reward also governs vengeance. Like things full of sugar, thinking about how to get our own back may seem irresistible. Some might say not just irresistible, but justified. After all, revenge is provoked by someone else’s wrongdoing. Taking matters into one’s own hands may be tempting where there is no effective system of justice. However, so-called “honour killings” still take place even in the most advanced societies when people react with extreme violence to protect their reputation or their family name.



Revenge may be sweet, but it is sweetness of the bitterest kind. It does not try to reform the offender’s behaviour but rather to inflict pain. The sweetness is only momentary, for after the “sugar rush” follow feelings of despondency. Research has found that an act of vengeance merely intensifies our focus on the wrongdoer and makes us brood even more on what they have done to us. In the end, people are no happier for getting their own back.

Jesus taught us to love our enemies. The idea sounded preposterous at the time. The Jewish nation was under occupation and its people felt justified in despising their Roman oppressors, as well as others outside their own religion. Revenge was enshrined in Jewish Law, from where we get the phrase “an eye for an eye and a tooth for a tooth”. The commandment to “love your neighbour” was important to the Jewish people, but they understood the term “neighbour” to be restricted in its scope - which is why Jesus told the parable of the good Samaritan. Jesus taught that every human being is our neighbour and that peace is something anyone can make. He detailed the kind of provocations people might face and suggested radical ways of dealing with them. You might, for example, treat your enemies well, only to find that they treat you badly in

return. So what do you do? Keep on loving them just the same. If they mutter curses, mutter blessings back. If they abuse you, pray for them. If they slap you in the face, give them the other cheek to slap. If they pinch your coat, hand over your shirt. Whatever they might take, let them. Don’t ask for it back.

This was revolutionary talk, a completely undefended way of being. It ran counter to the human instinct to be self-protective. Kindness is natural within families and between friends, and easy enough when it is in our interests. Jesus, however, taught indiscriminate kindness to everyone, even when it is never reciprocated, nor likely to bring us any benefit. Why? Because that is how God is, forgiving the ungrateful; showing kindness to the undeserving.

Reflection by Redemptorist Publications. Used with permission.

Prayers for the Sick

Thank you for your heartfelt prayers for all those who are sick. We pray especially for Brian Fury, Justine Hocking, William Walton, Sabina Mason, Dominic Keogh, Brian Bickle, Rita Lawless and Bishop Christopher Budd at this time. (If you would like to include a close family member in the prayers for the sick then please email the Parish Office.)

Parish Pastoral Councils

Given the rich diversity within our extended parish, and bearing in mind the various challenges we are all facing at this time, but nevertheless seeking to move forward, we are exploring the possibility of having a local Pastoral Council in each of our communities. If you are interested or have any suggestions then please email or speak with Fr. Martin as we seek to move forward together. Thank you for your ongoing support and suggestions.

Fr Martin

COVID - Guidelines - UPDATE

There have been a number of directives that we received recently as our lives gradually move back to normality. We have, in many ways, moved back to pre-COVID practices during the Mass with communion at the normal time. However, as mentioned previously we still have a number of parishioners who are naturally still concerned, have had a number of parishioners contract COVID and so will still request face masks to be worn during our Masses and when inside. This is out of a sense of support to those who are still fearful, or want to be cautious, and also recognises that some of our parishioners have chosen not to be vaccinated. I’m sure you will appreciate we are keen to ensure that Churches continue to be places where people feel safe to gather to worship. Thank you for your ongoing support and for your selflessness with this matter.

Fr Martin

CAFOD Group

There will be a short meeting of the Parish CAFOD Group on Weds 23rd February after 9.30am Mass to plan the Lenten Fast Day and other Lenten activities. We would welcome anyone interested in promoting CAFOD in our wider parish, so please come along and join us or contact Sue Cleaver on 01637 872148.

Afternoon Club - Newquay

We aim to re-open this social group at Most Holy Trinity Church Hall on Tuesday 8th March from 2pm until 4pm, and aim to meet fortnightly thereafter, this will include tea and a chat and board games will be available. If you would like to help then please speak with the Parish Office.

New Weekday Mass Times

† Monday	-	12 noon in the University
† Tuesday	-	9.30 am in Newquay
† Wednesday	-	9.30 am in Newquay (Fr Brian)
† Wednesday	-	9.30 am in St Agnes
† Thursday	-	9.30 am in Perranporth
† Friday	-	9.30 am in Newquay

Given the above Mass times, Fr. Martin still aims to keep contact with family back home. In order to do this he doesn't take days off but visits home every second week of each month for a few days.

PLEASE NOTE THAT, AS THERE IS A FUNERAL ON FRIDAY 25th THERE WILL BE NO MORNING MASS.

Volunteers Needed

Now that we are moving back to normality, we would be very grateful if there are any volunteers who wish to help with various roles, such as reading, welcoming, First Holy Communion classes, flower arranging, cleaning the church, helping to serve refreshments, etc. (If something isn't on this list then please let us know.) If you are interested then please speak with Fr. Martin after or before any Mass or speak with Jodie in the Parish Office. Thank you.

Sunday Morning Refreshments

We will re-open the Parish Hall and kitchen, in Newquay, for refreshments and cakes on Sunday 20th February after the 10.30am Mass at Most Holy Trinity. All welcome to join us for tea, coffee and slice of cake.

World Day of Prayer - Perranporth

This year it is being held at the Methodist Church, Ponsmere Road, Perranporth on Friday 4th March 2022 at 10.30 am to which all are welcome. There will be food and drink provided after the service.

Seventh Sunday in Ordinary Time

Entrance Antiphon

O Lord, I trust in your merciful love.
My heart will rejoice in your salvation.
I will sing to the Lord who has been
bountiful with me.

Liturgy of the Word

First Reading: 1 Samuel 26:2,7-9,11-13,22-23

Responsorial Psalm:

The Lord is compassion and love.

Second Reading: 1 Corinthians 15: 45-49

Gospel Acclamation:

Alleluia, alleluia!
Open our heart, O Lord,
to accept the words of your Son.
Alleluia!

Gospel: Luke 6:27-38

Prayer for the Synod

May our synodal preparations
inspire people to dream
about the church we are called to be,
to make hopes flourish,
to stimulate trust,
to bind up wounds,
to weave new and deeper relationships,
to learn from one another,
to build bridges,
to enlighten minds and
restore strength to our hands
for our common mission.

We trust in your Spirit who journeys with us.

Communion Antiphon

I will recount all your wonders,
I will rejoice in you and be glad,
and sing psalms to your name, O Most High.

Andrew Henwood - Funeral Director

74 Edgumbe Avenue, Newquay ☎ 01637 851199
athenwood@btconnect.com - henwoodfunerals.co.uk

Sacramental Programmes & Preparation

PARISH REGISTRATION – New Parishioners to our Parish, please hand your details into the Office.

BAPTISM PREPARATION – See Fr. Martin

FIRST HOLY COMMUNION 2022 – We are finalising the number of children who will be making their First Communion in June 2022. If your child is in year 3 or above then please speak with Fr Martin at your earliest convenience.

CONFIRMATION – Year 9 upwards. If interested please speak with Fr Martin.

MARRIAGE PREPARATION – Please contact Fr Martin (or the priest in the parish where you are looking to get married) at least six months prior to your proposed wedding date. A contribution of £175 is requested for the Church for weddings with a Registrar Fee of £55.00 (flowers and organist are by personal arrangement).

RCIA PROGRAMME/JOURNEY IN FAITH – If you are interested in knowing more about the Catholic church then please contact Fr Martin.

Collections

*Please note all cheques to be made payable to: **PRCDTR Newquay, Perranporth and St Agnes RC Parish***

MHT Collection: £249.15

January Standing Orders:
£867.33

CTK Collections: £45.78

January Standing Orders:
£30.00

OLSOS Collections: £67.04

January Standing Orders:
£165.00

Thank you for your generosity which allows our extended parish to grow and flourish!

Sick Calls/Visits

If you require a priest in an emergency in the absence of Fr Martin, here are the following numbers for the various parishes in Cornwall (Plymouth Diocese).

Bodmin ☎ 01208 72833 - Fr Ciaran McGuinness • St Austell ☎ 01726 73838 - Fr Michael Brandon
Falmouth ☎ 01326 312763 - Fr Brian Kenwick (Dean of Cornwall)
Penzance ☎ 01736 362619 - Fr Philip Dyson • Newquay ☎ 01637 851697 - Fr Martin Stone
Truro ☎ 01872 272291 - Fr John Gilbert • ☎ 01637 861752 Lanherne Convent - Canon Scott Smith

Our Churches

Most Holy Trinity Catholic Church

Lower Tower Road,
Newquay, Cornwall, TR7 1LS

Lanherne Convent

Chaplain's House, St. Mawgan,
Newquay, Cornwall, TR8 4ER

Christ the King

Wheal Leisure Road,
Perranporth, Cornwall, TR6 0EZ

Our Lady Star of the Sea

16 Trevaunance Road,
St. Agnes, Cornwall, TR5 0SE

Our Parish is part of the Diocese of Plymouth: Registered Charity No. 213227